

### MENTAL HEALTH SERVICES

Children, teens, adults

Individual, group & family counseling

Mental health clinics in New Rochelle & Mount Vernon

School-based clinics

PROS (Personalized Recovery Oriented Services) for adults with persistent mental illness

Supported Education for college students with mental illness

Health Home Care Management

Home & Community Based Services



914-613-0700

TheGuidanceCenter.org

256 Washington Street Mount Vernon, NY 10553



#### SUBSTANCE USE TREATMENT

Adolescents & adults

Outpatient substance use treatment & assessment

Individual & group counseling

Medically assisted drug treatment for opiate-addicted adults

Vocational Assistance Program

Health Home Care Management



# EARLY CHILDHOOD SERVICES

Children birth to 5 years & their families

Education & social-emotional development for typical & special needs children

Preschool education

Support to families impacted by autism & developmental delays

Behavioral consultations to childcare centers & training to childcare staff



#### CENTER FOR COLLEGE & CAREERS

Youth ages 13-25

Tutoring & academic support for high school or equivalency diploma

College exposure, preparation & persistence

Vocational & employment support

Available for New Rochelle & Mount Vernon youth

Academic & clinical support



# HOUSING WITH CASE MANAGEMENT

Homeless adults with mental illness and/or substance use issues & their families

Find, secure & maintain appropriate housing

Rental assistance & eviction prevention

Homeless outreach

Links to community resources