



The Guidance Center of Westchester  
256 Washington Street  
Mount Vernon, NY 10553  
TheGuidanceCenter.org

## **PLEASE POST POSITION AVAILABLE**

**POSITION:** Family Specialist

**PROGRAM:** Assertive Community Treatment (ACT)

**HOURS:** Full-Time 35 hours per week

### **JOB DESCRIPTION:**

The Guidance Center of Westchester seeks an experienced Family Specialist to join our new Assertive Community Treatment (ACT) program based in Mount Vernon, New York, and serving all of Westchester County. ACT is a mobile program that delivers comprehensive services in a team approach, to individuals who are diagnosed with serious mental illness and whose needs have not been well met by more traditional, facility-based, services. ACT services are evidence-based, person-centered, and individualized, and focused on outcomes for community reintegration, mental health stability, and active participation in normal life roles for work, education, living, relationships, and socialization. Most services are delivered in the community in natural settings where problems arise. Team members provide about 80% of services in the field. Crisis services are available from Team members 24 hours a day, 7 days a week, on a rotational basis.

The ACT Team consists of a multi-disciplinary staff that includes a director, psychiatrist, RN, program assistant, and specialists in family, employment, housing, substance abuse, and peer wellness. Each clinical team member carries a shared caseload, and provides assessment, service planning, general case management services in addition to any specialized services needed by recipients.

### **Specific responsibilities of the Family Specialist:**

The ACT Team Family Specialist is a clinical staff member who, in addition to performing routine and general team duties, has lead responsibility for integrating family goals and services with the tasks of all team members and for providing family psycho-education individually and in groups. The family specialist works to enlist support of family in the participant's recovery, restore and strengthen the participant's unique social and family relationships, provides accurate information on mental illness and treatment to families, facilitates communication and problem solving skills, and teaches coping skills to families.

### **Qualifications:**

Master's degree in relevant area such as MFT, MHC, MSW, etc.

Minimum 1 year of training and/or experience in family assessment and intervention, psycho-education and/or other family support services, including cognitive-behavioral interventions

Clean NYS driver's license

Electronic health reporting experience strongly preferred; excellent computer, writing and oral communication skills essential.

Knowledge of mental illness and substance abuse disorders.

Willingness to deliver up to 80% of services in the field including at participants' homes throughout Westchester County.

**SEND RESUME AND COVER LETTER TO: [ACT@theguidancecenter.org](mailto:ACT@theguidancecenter.org)**

**DATE:** 3/15/18