



Parenting today is hard. Understanding the stresses & challenges facing young people is the first step in the right direction.

Is your son missing curfew? Are you worried he's hanging out with people who are using drugs & alcohol?

Does your daughter dodge questions about where she's been & who she's with?

Is your son frequently "in a daze"? Unable to complete tasks? Missing school?

When you ask questions is the response, "IT'S NO BIG DEAL!"

THE HELP YOUR FAMILY NEEDS: **THE HUB**, a specialized treatment program for 12-21 years olds. Most insurances accepted.

THE HUB helps participants learn to make sound & thoughtful decisions, while restoring balance

Staffed by a medical director, licensed, trained social workers & substance use counselors. Licensed by NYS OASAS.

Group, family & individual counseling. Assessments. Academic support, mental health & other on-site services.