



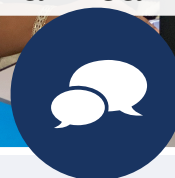
Assertive Community Treatment (ACT) Community Mental Health Services



**TEAM APPROACH TO
MENTAL HEALTH
SERVICES**



**PERSONALIZED
COORDINATION of CARE
BEHAVIORAL, MENTAL
HEALTH NEEDS**



**RECEIVE SUPPORT IN
HOME OR COMMUNITY**

ACT is:

- ✓ a mobile team-based approach to mental health care
- ✓ for people whose needs have not been met by the traditional office-based approach to mental health
- ✓ a team of multi-disciplinary mental health professionals
- ✓ community-based services

ACT team includes:

- ✓ team leader/program director
- ✓ psychiatrist
- ✓ employment/vocational specialist
- ✓ substance abuse specialist
- ✓ registered nurse/licensed practical nurse
- ✓ peer specialist
- ✓ family specialist
- ✓ case manager housing specialist

ACT is available to:

- ✓ those referred through Westchester County Single Point of Access (SPOA)
- ✓ Medicaid-enrolled adults (18+) with serious and persistent mental illness and a history of hospitalization

ACT assists:

- ✓ participants in staying focused, engaged, and involved in their recovery
- ✓ through a full range of services
- ✓ by providing care in the community
- ✓ making home visits and providing telehealth visits as needed

Examples of ACT services:

- ✓ restoration of benefits, educational and vocational services, along with housing assistance
- ✓ assistance with medication management
- ✓ care coordination and support with attending scheduled appointments
- ✓ other support as needed

ACT services are provided:

- ✓ at the participant's residence
- ✓ at requested locations in the community where participant feels comfortable

**EMERGENCY/ON CALL:
646-920-2639**

Access Center: 888-TGCW-CAN (888-842-9226)
General: 914-613-0700 x7604
Email: ACT@TheGuidanceCenter.org