

Eligibility

Community Oriented Recovery & Empowerment (CORE) Services are available to Health & Recovery Plan eligible individuals.

These individuals include those 21 years or older who are insured by a Medicaid managed care plan.



Call Today for More Information.

Debra Sumner
Community Rehabilitative
Services Director
dsumner@tgcny.org
888-TGCW-CAN
888-842-9226



About Us

The Guidance Center of Westchester offers essential and lasting support to those in our communities challenged by mental illness, substance abuse, poverty, and homelessness. We empower our participants to become active members of their community through education, treatment, housing, rehabilitative, and vocational services.

Address

256 Washington Street
Mount Vernon, NY 10553

Visit Us Online

www.TheGuidanceCenter.org

For More Information

Debra Sumner
Community Rehabilitative
Services Director
dsumner@tgcny.org
888-TGCW-CAN
888-842-9226



Community Oriented Recovery & Empowerment Services (CORE)

Helping YOU Reach YOUR Goals.

**At The Guidance Center,
our goal is to partner
with YOU on improved
health, wellness and
recovery.**



Community Oriented Recovery & Empowerment (CORE) Services allow Medicaid beneficiaries with behavioral or mental health conditions or substance use disorders to receive services in their home or in their community.

Services

Community Psychiatric Support + Treatment



- Counseling or Therapy
- Support to Achieve
- Your Goals

Family Support + Training



- Enhances Relationships
- Engages the Family in the
- Recovery Process



Psychosocial Rehabilitation

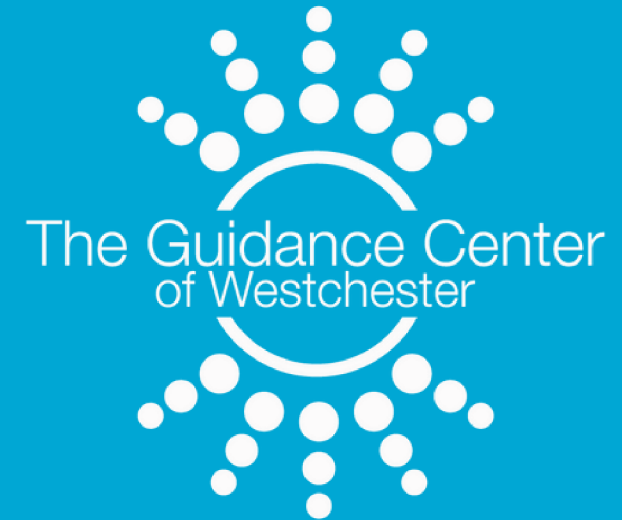
- Skill Building for Settings Where You Live, Learn, Work, and Socialize
- Psychoeducational Interventions
- Employment Support

Empowerment Services + Peer Support



1. Rehabilitation, Recovery, Resilience
2. Connect with Others Who Share the Same Experiences As You

**Centered on YOU.
YOUR recovery.
YOUR goals.**



**We'll help you get the
support you need,
the way you want it.**

Call Now:

888-TGCW-CAN

888-842-9226